



HPC Competency Submission Form

Senior Level

(Minimum 12 years of HP Sport Experience)

Checklist:

1. Review the HPC Guidelines before completing this form. Available for download on the SSC Website
2. Ensure you have selected the correct form at the level you meet all standards and wish to apply.
3. Sign and type your name below.

Reminders:

- Provide examples of **how** you demonstrate each competency element.
- Refrain from using specific organizational names or individual names.
- Applicants must use the **STAR** framework for each example:
 - **Situation** – provide the context for the example, the environment or situation, the individuals (titles or roles) or types of organizations involved
 - **Task** – your role, how **you** applied the competency
 - **Action** – the action **you** took
 - **Result** – the outcome or result of **your** action

Note: The submission form must be opened in Adobe if you use a Mac.

Download a free version of the software here:

<https://get.adobe.com/reader/?promoid=TTGWL47M>

Attestation: I have completed this form to provide evidence that I demonstrate all HPC competency elements.

HPC Applicant Signature: _____

HPC Applicant Name (typed): _____

Senior Criteria	Examples
1A Engages with sport partners and supports priorities in the system	
1B Guides and advises organizations on the roles of the scientific disciplines that operate in an IST	
1C Guides and advises others on expectations and integration of the practitioner role in the daily training, competition, and games environments	



<p>2A Accesses and contributes to sources of evidence, and defends their value to individuals and organizations</p>	
<p>2B Guides and advises practitioners or organizations on evidence-based practice, reinforcing principles of validity and reliability</p>	
<p>2C Guides and advises practitioners or organizations on resourcefulness, adaptability, and initiative to address specific challenges</p>	



<p>2D Guides and advises practitioners or organizations on actionable solutions to be applied in practice based on evidence collected or reviewed</p>	
<p>2E Employs planning and effective organization of their workplan, or the workplans of those they lead, to execute a multi-disciplinary deliverable</p>	
<p>3A Guides and advises practitioners or organizations on the selection of reproducible scientific measurements, and troubleshoots workflows utilizing appropriate metrics and tools</p>	



<p>3B Guides and advises practitioners or organizations on appropriate software to organize data (collect, transfer and store).</p>	
<p>3C Guides and advises practitioners or organizations on ethical management of data according to privacy, confidentiality, and professional body guidelines</p>	
<p>3D Guides and advises practitioners or organizations on the use of descriptive and inferential statistics and can articulate the limitations of these on decision-making and interpretation</p>	



<p>3E Guides and advises practitioners or organizations on producing results with visualizations, and on the communication of these to the appropriate audience</p>	
<p>4A Models appropriate policies of both sport and sport partner organizations, and guides or advises those they lead to do so</p>	
<p>4B Models appropriate scope of practice, and guides or advises those they lead to do so</p>	



<p>4C Models integrity and ethical practice when challenged, and advises or guides those they lead to do so</p>	
<p>4D Models inclusive behaviours, values diversity, and advises or guides those they lead to do so</p>	
<p>5A Writes and speaks in a clear and efficient manner to individuals and at an organizational level, or guides others to do so</p>	



<p>5B Models open, respectful and humble communication methods, and guides and advises those they lead to do so</p>	
<p>5C Applies components of conflict management, and guides and advises those they lead to do so</p>	
<p>5D Initiates deliberate and purposeful collaboration and connection with administrators, coaches, athletes, and practitioners</p>	



<p>6A Models awareness of and expresses one's emotions (self-awareness), and guides and advises those they lead to do so</p>	
<p>6B Guides and advises others to develop professional relationships and gain trust</p>	
<p>6C Consistently exhibits actions that support a culture of excellence</p>	



<p>6D Utilizes feedback and demonstrates regular use of reflective practices in their day-to-day environments</p>	
<p>6E Articulates their own philosophy, compares this with organizational values, and identifies boundaries for actions associated with their own values</p>	