



# HPC Competency Submission Form

## Leader Level

(Minimum 16 years of HP Sport Experience)

### Checklist:

1. Review the HPC Guidelines before completing this form. Available for download on the SSC Website
2. Ensure you have selected the correct form at the level you meet all standards and wish to apply.
3. Sign and type your name below.

### Reminders:

- Provide examples of **how** you demonstrate each competency element.
- Refrain from using specific organizational names or individual names.
- Applicants must use the **STAR** framework for each example:
  - **Situation** – provide the context for the example, the environment or situation, the individuals (titles or roles) or types of organizations involved
  - **Task** – your role, how **you** applied the competency
  - **Action** – the action **you** took
  - **Result** – the outcome or result of **your** action

Note: The submission form must be opened in Adobe if you use a Mac.

Download a free version of the software here:

<https://get.adobe.com/reader/?promoid=TTGWL47M>

Attestation: I have completed this form to provide evidence that I demonstrate all HPC competency elements.

**HPC Applicant Signature:** \_\_\_\_\_

**HPC Applicant Name (typed):** \_\_\_\_\_

<b>Leader Criteria</b>	<b>Examples</b>
1A Leads and promotes knowledge of sport partners and priorities in the system	
1B Promotes and develops the roles of scientific disciplines that operate in an IST	
1C Promotes and develops integration of the practitioner role in the daily training, competition, and games environments	



<p>2A Influences, promotes and develops work that contributes to sources of evidence that achieve value in the system</p>	
<p>2B Influences, promotes and develops national development or alignment of guidelines or policies using evidence-based practice</p>	
<p>2C Applies resourcefulness, adaptability, and initiative which achieves value to the sport system</p>	



<p>2D Leads and influences complex actionable solutions to be applied in practice based on evidence collected or reviewed</p>	
<p>2E Leads planning and effective organization in collaboration with individuals or organizations execute deliverables that impact the system</p>	
<p>3A Influences practitioners and organizations by promoting the selection of reproducible scientific measurements and the utilization of appropriate workflows, metrics, and tools</p>	



<p>3B Influences and promotes (at a national level or across sport partners) the use of appropriate software to organize data</p>	
<p>3C Influences and promotes (at a national level or across sport partners) the ethical management of data according to privacy, confidentiality, and professional body guidelines</p>	
<p>3D Influences and promotes (at a national level or across sport partners) the systematic use of descriptive and inferential statistics. Articulates the limitations of these on decision-making and interpretation</p>	



<p>3E Influences and promotes (at a national level or across sport partners) the production of results with visualizations, and the communication these to the appropriate audience</p>	
<p>4A Influences, promotes, and develops appropriate policies of both sport and sport partner organizations</p>	
<p>4B Influences and promotes adherence to scope of practice at a national level or across sport partners</p>	



<p>4C Influences and promotes integrity and ethical practice at a national level or across sport partners</p>	
<p>4D Influences and promotes inclusive behaviours and diversity in the workplace</p>	
<p>5A Writes and speaks in a clear and efficient manner to individuals, influencers, and stakeholders</p>	



<p>5B Influences and promotes open, respectful and humble communication methods at a national level or across sports partners</p>	
<p>5C Solves important issues using appropriate conflict management skills</p>	
<p>5D Promotes and exemplifies collaboration and connection with administrators, coaches, athletes and practitioners at a national level or across sport partners</p>	





<p>6A Develops and promotes awareness of and expression of one's emotions (self-awareness) and creates the environment to do so</p>	
<p>6B Influences and leads others through trusted professional relationships</p>	
<p>6C Influences, cultivates and promotes a culture of excellence</p>	



<p>6D Influences those they lead to utilize reflective practice in their day to day environments</p>	
<p>6E Influences those they lead to develop their personal and professional philosophies</p>	